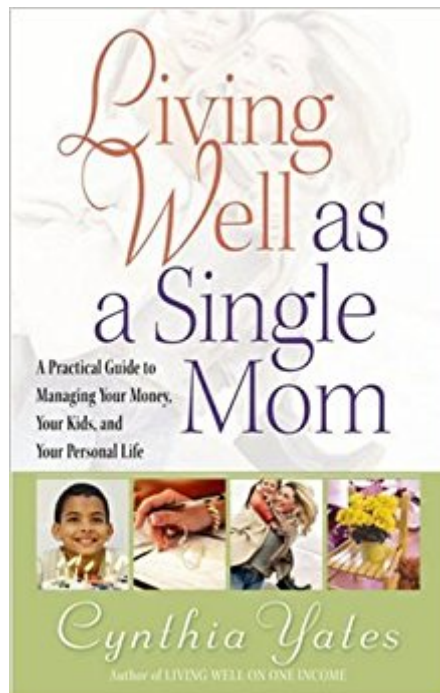


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# Living Well As A Single Mom: A Practical Guide To Managing Your Money, Your Kids, And Your Personal Life



## Synopsis

Combining her own experiences as a single mom with the insight of other moms, Cynthia Yatesâauthor of *Living Well on One Income*âshares the practical and emotional way to live life well when a woman is raising her children alone. With empathy and biblical wisdom Cynthia addresses topics that are relevant topics including how to: cope with the fear, responsibility, and management of a family lean on the Lord and the church family for the sake of the kids manage the financial burden of being a single parent With suggestions, guidance, and advice to assist mothers with kids of all ages, this resource will become the key to support and networking that all these women need.

## Book Information

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Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (4 customer reviews)

Best Sellers Rank: #889,120 in Books (See Top 100 in Books) #138 inÂ Books > Parenting & Relationships > Parenting > Single Parents #1588 inÂ Books > Parenting & Relationships > Family Relationships > Motherhood #1963 inÂ Books > Christian Books & Bibles > Christian Living > Family

## Customer Reviews

Mothers are an essential influence in their children's lives. "I want to make the strongest case I can for your child's need for you," Yates says. "Motherhood is not a trial run. I exhort you to try to be in place for your children - especially if they are young. Provide stability and security for them and nurture them. Never forget that you are the first and foremost teacher your children will ever have." *Living Well as a Single Mom* contains candid advice on self-care, time management, finances, choosing safe childcare, discipline, peer pressure, and emergency preparedness. Additional resources are listed at the end of each chapter for quick reference. Being a single mom is an exhausting job with more to do in a day than can humanly be done. The fact is, the buck stops with the single mom and she can use all the support she can get. People tend to distance

themselves from single moms. Yates comes alongside and encourages women to do what must be done, one day at a time. A speaker on the well-received Divorce Care video program, Yates is also the author of *Ditch the Diet and the Budget*, and *Living Well in Retirement*. An award-winning humor columnist, Yates is the proud grandmother of three "grammy" awards. With straight talk, *Living Well as a Single Mom* gives nuts and bolts advice, and is one of the top books on this topic. It's a road map to hope in an impossible situation. Put this book in the hands of any single mom, even if she's been single for years. - PeggySue Wells, Christian Book Previews.com

Cynthia Yates is that older woman and mentor you always wish you had: now she's not only available, she's writing directly to you as a single mom, giving you helpful hints about how to take care of yourself, how to make decisions and choices, how to move forward, and how to raise great kids. As a grandmother of three, Yates writes to younger women without preaching, but does manage to convey her wisdom and experience. If you're a woman of faith who is struggling to balance all the demands and challenges of raising great kids in a one-parent household, you'll find help and hope here. The subtitle gives you very good clues about the content here: you'll get advice about financial issues, discipline and child care, and also about how to move forward on your own journey as a person and parent. Good advice, from a friendly and effective writer. Dr. David Frisbie  
The Center for Marriage & Family Studies  
Author of: *Raising Great Kids on Your Own: A Guide and Companion for Every Single Parent*

Most days I don't worry about "living well" --- I'm just hanging in there, taking things one day at a time, trying to stay calm and focused. Right after my divorce I didn't believe "living well" was even an option for me. Some days I still doubt it. But I am moving forward, step by step. This book did not tell me anything new, but it did remind me of some useful truth. I am grateful to the author for taking the time to remind me of these things. Barbara Sheldon, M.S.W. I also highly recommend: *Raising Great Kids on Your Own: A Guide and Companion for Every Single Parent*

Thanks so much for such quick service. The book is great and arrived on time.

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